**Roman Army Basics**

**Composition**  
Legions – 5000 men  
10 Cohorts per Legion   
6 Centuries per Cohort   
80 men per century   
120 cavalrymen

**Equipment**  
Short Sword (Gladius)  
Large shield (Scutum)  
Javelins (Pilum)  
Dagger (Purgio)   
Spear (Hasta)  
Chainmail armour (Lorica Hamata)  
Scale Armour (Lorica Segmentata)  
Helmet  
Greaves

**Basic formations**  
Lines – form in ranks of overlapping shields to present a solid wall.

**Testudo** – The tortoise, men on the outside face shields out while those in the middle hold there shields overhead to protect from missiles.





Short Sword  
(Gladius)

Large Shield  
(Scutum)

Chainmail Armour  
(Lorica Hamata)

Javelins  
(Pilum)

Helmet